



2009 - 2010

**23<sup>rd</sup> February 2010**

# THORNLIE WESTERN AUSTRALIA

PO Box 84, THORNLIE WA 6988

**Meeting:** 6.00 pm for 6.30 pm Tuesday at the Gosnells Golf Club,  
Warton Road Thornlie –

**Apologies:** Geoff Wiltshire (M) 0407995895 by 10.00AM Monday

**Pres.** Mike Raspa (M) 0424 168 496 (H) 9452 0158  
**Pres Elect.** Geoff Wiltshire (M) 0407995895 (H) 9452 1002  
**Secretary.** Doug Parker (M) 0419909179

## Next Week Duties

**2<sup>nd</sup> March 10**

### Attendance

Ron Sloan  
John Stockbridge

### Property and Fellowship

Ray Smith  
Colin Waters

### Chairman

Ron Bradborn

### Vote of Thanks

Ron Bradock

### Rotary Information

Wayne Brouwer

### Bring-N-Buy 28<sup>th</sup> Feb 2010

Ray & Lois Smith  
Geoff and Lorraine  
Wiltshire  
John Mitchell

### Bulletin Editor

Chris Ralph

### Program

Steven Kho and Dr  
Peter Arthur –  
Helen Hoskins  
Scholarship

The meeting saw the return of Tony and Patricia James to the club after an absence of 4 years. Tony and Pat returned to the UK and have now retired and doing the “grand tour”.

Since returning to the UK they have been involved in “acquiring” a couple of grand kids, managing a kitchen installation company, jewellery and leather goods manufacture

They anticipate that they may eventually relocate to WA on a permanent basis.

The other special guest for the evening was the first Lady Louise – who often appears after a win – albeit against Melbourne

President Mike opened the meeting welcoming the guests and Dr Peter Arthur from UWA who was assisting the Helen Hosking awardee, Steven Kho, with his presentation. Mike then contributed 5/8<sup>th</sup> of FA to and news or happenings.

Ross Evan has had major surgery and is on the mend, albeit slowly. He is in The Mount on a restricted visitor program. Please touch base with Margaret if you are thinking of a visit. PE Geoff is the go between and will keep us briefed.

There are a few changes to the BnB team over the coming weeks caused by Andy heading north to Barrow Island, Wayne getting married ( his words) and Geoff succumbing to his addiction to the caravan

The teams for the next three weeks are now

28/2/10	7/3/10	14/3/10
Ray & Lois Smith Andy Hopper Colin Waters	Geoff and Lorraine Wiltshire Doug and Anet Parker Phil & Kaye Hinwood	Chris & Colin Ralph Wayne & Chris Brouwer John Mitchell

## Following Weeks Duties

Again can I remind people to organise there own replacements as it extremely difficult when we don't know individual commitments

<p><b>2<sup>nd</sup> March 10</b></p> <p><b>Attendance</b> Ted Evans Frank Keays</p> <p><b>Property and Fellowship</b> Andy Hopper Phil Hinwood</p> <p><b>Chairman</b> Not required</p> <p><b>Vote of Thanks</b> Not required</p> <p><b>Rotary Information</b> Colin Ralph</p> <p><b>Bring-N-Buy</b> <b>7<sup>th</sup> March 2010</b></p> <p>Wayne &amp; Chris Brouwer Ross &amp; Margaret Evans Phil &amp; Kaye Hinwood</p> <p><b>Bulletin Editor</b> <i>Chris Ralph</i></p> <p><b>Program</b></p> <p>Committee Meetings</p> <p><b>REMEMBER</b> THE THORNLIE HIGH SCHOOL SCHOLARSHIP EVENING IS NOW</p> <p><b>WEDNESDAY</b></p> <p><b>THE 31<sup>st</sup> MARCH</b></p>	<p>Thanks to PE Geoff for preparing and issuing the two media releases during the week. The first of the Bowel scan program and the second on Shelter boxes and there use in HaitiPE Geoff then read the resolution that had been circulated earlier in the week – it being</p> <p><b>RESOLUTION</b></p> <p>Members of the Rotary Club of Thornlie resolve that from the 1<sup>st</sup> of March 2010, to commence action to :-</p> <ol style="list-style-type: none"> <li>1. Create the Rotary Club of Southern Districts, or such other name agreed with Rotary District 9470, by the most efficient means possible</li> <li>1. Join the newly created Rotary Club of Southern Districts ( however named)</li> <li>2. Encourage new members from either the general public or other Rotary Clubs to join the newly created Rotary Club of Southern Districts;</li> <li>3. Agree to Rotarian Geoff Wiltshire being the incoming President of the new Rotary club of Southern Districts ( however named)</li> <li>4. Transfer all their clubs existing assets and liabilities to the newly created Rotary Club of Southern Districts ( however named)</li> <li>5. Appoint a Steering Committee, to oversee the process( Acronym SDSC)       <ol style="list-style-type: none"> <li>a. The steering committee to consist of a Chair ( PE Geoff Wiltshire) and one representative from each of the other Rotary clubs Maddington and Thornlie and one from any other Rotary Club wishing to join the Rotary Club Southern Districts ( how ever named)           <ol style="list-style-type: none"> <li>i. Current nominees for the SCSD are PP David Fleming from the Rotary Club of Maddington and PP Colin Waters from the Rotary Club of Thornlie</li> </ol> </li> <li>b. The Steering Committee be and is authorised to do such things as are necessary and incur such expense as is necessary to           <ol style="list-style-type: none"> <li>i. Create, by the most efficient means possible, a new Rotary club named Southern Districts (however named),</li> <li>ii. Transfer the assets and liabilities from the Rotary clubs of Maddington and Thornlie to the club of Southern Districts (however named),</li> <li>iii. Conduct elections and appoint office bearers to the new club</li> <li>iv. Decide such procedures and protocols as is necessary to ensure a smooth transition from the existing club structure to the new club structure</li> </ol> </li> <li>c. The Steering Committee to report to members on a weekly basis as to the progress with the restructuring</li> </ol> </li> </ol> <p>President Mike invited member to speak either for or against the motion and there being no speakers, he then formally Put the resolution. The</p>
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Diary	Motion to accept the resolution was carried unanimously
<p><b>MARCH - - HEALTH CONCERNS MONTH</b></p> <p>2<sup>nd</sup> Committee Meetings</p> <p>5<sup>th</sup> Ron &amp; Beth's Anniversary</p> <p>7<sup>th</sup> Ronnie's Birthday</p> <p>8<sup>th</sup> Board meeting</p> <p>9<sup>th</sup> Kate Keisler – Ryla attendee</p> <p>16<sup>th</sup> Meeting cancelled</p> <p>17<sup>th</sup> Joint Meeting with Willetton Rotary Club on the 17th</p> <p>19<sup>th</sup> Mike &amp; Louise's Anniversary</p> <p>24<sup>th</sup> Wednesdays Combined meeting Maddington Robin Falloon – The Salvation Army</p> <p>24<sup>th</sup> John &amp; Fayes Anniversary</p> <p>31<sup>st</sup> <b>Thornlie High school Scholarships</b></p>	<p>PE Geoff then briefed members on some of the difficulties being uncounted and likely outcomes of negotiations. The bottom line being that he now had direction and if negotiation broke down, Thornlie would still proceed with the new entity.</p> <p>Arrangements had been made with the caterers, the venue, the school and the awardees to change the scholarship night to Wednesday the 31<sup>st</sup> March and this day/ date would not be changed again</p> <p><b>MEMBERS SHOULD NOTE THAT THE SCHOLARSHIP NIGHT WILL BE WEDNESDAY THE 31<sup>ST</sup> MARCH</b></p> <p>Community Director Ron briefed the club on this years Bowel scam project. All pharmacies in the area were participating and the kits had been delivered earlier in the week. There had been a website created and pharmacy locations were on that site for the whole of the State. Advertising of the program had been arranged and kits would cost \$8 each</p> <p>Secretary Doug advise that the PHD scholarship for Gemma McCloud had now been completed and the club would receive a copy of her final thesis</p> <p>Sergeants session – Vin missed no one</p> <ul style="list-style-type: none"> <li>• Those who didn't know what Rotary month it was</li> <li>• Those who bought their own drink when there was a bar tab</li> <li>• Geoff for asking for club apologies to go to his mobile and then never turning it on</li> <li>• Ray for taking Lois to BnB for her birthday</li> <li>• PDG's Frank and Ron for attending Rotaries birthday bash</li> <li>• Mike for finding the bar tab and then immediately ordering a bottle</li> <li>• Andy and Mr Mitchell for conspiring to turn a perfectly good swimming pool into a rain water storage tank</li> <li>• Ron Bradock for becoming a grand dad the next day</li> <li>• Ron Sloan for finishing his meal before PE Geoff</li> </ul>
<p><b>APRIL - CENTENNIAL VOLUNTEER MONTH</b></p> <p>6<sup>th</sup> Committee Meetings Andy's Birthday</p> <p>12<sup>th</sup> Board meeting</p>	<p>Chairman PDG Ron then outlined the Helen Hosking Scholarship and its history</p> <p>The scholarship being in memory Helen Hosking, a double honour student in biochemistry and of the wife of John Hosking a past president of the club</p> <p>The scholarship provides funding for a third year Biochemistry student to gain practical research experience in a laboratory setting and was set up in conjunction with UWA and the department of biochemistry</p> <p>The club had funded the scholarship so that it would run in perpetuity</p>

Peter Arthur then introduced Steven Kho and described the benefit of the scholarship. In his opinion the change from student life and studying to pure research was as great as the transition from high school to the workforce

The awardee. Steven Kho presented his study into muscle wasting and sarcopenia

The bottom line is that muscle degenerates with age because it absorbs iron and loses protein – that technically proves the use it or loses it adage. What the question now is is – why does muscle gain iron with age. The answer cost money, time and research

The presentation concluded with an active discussion on antioxidants and vitamin E – seems a lot of money could be saved in the expenditure in these areas

PP Ray concluded the evening, thanking the guests and with some personal facts and information on Helen Hosking

