



2008 - 2009

# THORNIE WESTERN AUSTRALIA

PO Box 84, THORNIE WA 6988

**Meeting:** 6.00 pm for 6.30 pm Tuesday at the Gosnells Golf Club, Warton Road Thornlie –

**Apologies:** Mike Raspa (M) 0412 426 418 by 10.00AM Monday

**Pres.** Ron Bradborn (M) 040 021 0891 (H) 9459 3813

**Pres Elect.** Mike Raspa (M) 0412 426 418 (H) 9452 0158

**Secretary.** Doug Parker (W) 9486 2122 (M) 0419909179

24<sup>th</sup> Feb 2009

<http://www.thornie-rotary.com>

Next Week 3 <sup>rd</sup> March 09	Corporal Lloyd opened the meeting as <b>Sergeant John</b> , who lent his name to the late award, arrived late.	Following Meeting 10 <sup>th</sup> March 09
<p><b>Attendance</b> Andy Hopper Frank Keays</p> <p><b>Property and Fellowship</b> Doug parker Vic Rich</p> <p><b>Chairman</b> Colin Ralph</p> <p><b>Vote of Thanks</b> Chris Ralph</p> <p><b>REPORTS</b> Nil</p> <p><b>Bring-N-Buy</b> 1<sup>st</sup> March 09</p> <p>Mike &amp; Louise Raspa Vic &amp; Cheryl Rich Lloyd Dungey</p> <p><b>Bulletin Editor</b> <i>Ted Evans</i></p>	<p>He then ousted Corporal Lloyd and took over proceedings.</p> <p><b>President Ron</b> had much to say about numerous topics including:-</p> <p><b>Rotary Youth Driver Awareness (RYDA)</b> program which was run today in conjunction with the Thornlie Senior High School. The number of attendees being ~ 40 was a little disappointing as ~ 100 were expected. However the program did go well with the Police, St John Ambulance, Drug and Alcohol Authority, a victim with spinal injury received in an accident as a result of going to sleep at the wheel talking to the participants about driver awareness and their experiences. The most moving talk came from Deborah Worts whose daughter was killed in a head on collision as a result of a drunk driver driving the wrong way down the Freeway. Since the death of her daughter Deborah has been speaking at schools etc as she wants to behave in such a way that would make her daughter proud. Doug congratulated Ron on his efforts in organising this program.</p> <p><b>Shelter Boxes</b> when the Club committed to funding two shelter boxes some time ago it was never thought that they would be used so close to home for the Victorian fires.</p> <p><b>Telethon Breakfast</b> a check for \$100 and a certificate was received for the members efforts at this function. The certificate was auctioned, but there were no takers.</p>	<p><b>Attendance</b> Mike Raspa Ron Sloan</p> <p><b>Property and Fellowship</b> Ray Smith Geoff Wiltshire</p> <p><b>Chairman</b> The _____ nights' Chairperson</p> <p><b>Vote of Thanks</b> Ron Bradborn</p> <p><b>REPORTS</b> Nil</p> <p><b>Bring-N-Buy</b> 8<sup>th</sup> March 09</p> <p>Ron &amp; Yvonne Bradock Vin &amp; Sylvia Rogers Ted Evans</p> <p><b>Bulletin Editor</b> <i>Andy Hopper</i></p>
<p><b>Next weeks meeting program</b></p>	<p><b>Basil La Brooy</b> <b>National Information Centre for Retirement Investment</b></p>	

**Gravity Discovery Centre Visit** Ray Smith will be collecting the dues for this function from next week. The visit is on Saturday March 21<sup>st</sup> and the cost is \$45/head.

**Rotary Club of Yea** Frank Keays read out an e-mail from the Club advising us that they are hastening slowly on how best to support the community both in the short and long term. In the mean time they were still dealing with immediate issues as a result of the devastating fires. The club has put together a committee to establish needs of individuals, to work with their District and to partner with other clubs in the area. When there is greater clarity they will call on Thornlie to deliver on its pledge of funds. Frank and Sylvia will be going over to Yea at the end of May and he is sure to follow up on progress at that time.

**Bowel Scan** Ron Bradock advised that the Club is again involved with this worthwhile project. The kits, which are still worth \$6 each, will be delivered to pharmacies in the Club's area this week and they will be available between 1<sup>st</sup> and 31<sup>st</sup> March. Latest returns will be prior to Easter. The two Ron B's are servicing the pharmacies however they will be going on leave during this period and it will only take one to replace them being Andy!!

### **Sergeant John**

- Property people for not putting out the "begging bowl"
- All - as the Sergeant still had an expectation that we should provide him with fines even if he is late.
- Sergeant for the John S award or is that the Ted E award
- The Ralphs for being at the Casino rather than the Vocational visit to Salmat
- President Ron for ensuring fascism rules by opening all mail – Seems to be worried about people talking behind his back!!
- John's "BnB" team for not looking after him with coffee
- Doug for showing off his "dirty old mans lecherous chain", although the white singlet was not a good look.
- Colin Waters in absentia for making the machinery break down at Salmat whenever he went to have a closer.
- Philatelists Doug and Vin as they needed to get a life.
- Vin for wrecking the cheap fridge and washing machine which finally cost \$1500 to replace
- Ron Bradock for his new GPS which keeps saying do a "U Turn" in a very nice calm female voice.

### **Guest Speaker Dr Romola Bucks**

Romola is a Clinical Neuro psychologist and ran a Memory Clinic for Diagnosing Dementia in the UK prior to turning to research to learn more about Dementia. She now carries out research at the School of Psychology at UWA

Romola talked about the team that she has at UWA and the research that they are carrying out in two main areas of interest.

#### **1. Healthy ageing and mental function**

- o Age differences
- o NOT just age losses
- o Age can bring
  - i. Cognitive compensation
  - ii. Life experience
  - iii. Wisdom

## 2. Diseases affecting older people

- o Alzheimer's disease
- o Need for healthy volunteers
- o Act as "controls"
- o Separate out the effects of disease
- o Increase understanding

Romola's team is funded for a couple of new research projects

1. **Prospective Memory Research** - Prospective memory is the ability to remember to do things in the future.
2. **Obstructive Sleep Apnoea** – 2-4% of have this condition costing the nation \$10 billion/year. Australia is the centre of sleep treatment in the world.  
The purpose of this research is to establish the effect of lack of oxygen on the brain and assess the benefits of treatment such as CPAP machines and why a large percentage of those that have these machines do not use them.

To enable this type of research to be carried out relies on participants and Romola provided details as how members their friends etc can become involved in the research. She also provided handouts on how you can join the West Australian Participant Pool. Talk to Frank who is enjoying his involvement.

Mike Raspa passed the vote of thanks for a very enlightening talk which was a serious topic but delivered with a touch of humour.

**REMINDER 10<sup>th</sup> March is a Partner's Night for the Presentation of Scholarships to Thornlie SHS students**

The penultimate bulletin for me

See you next week