



THORN LIE WESTERN AUSTRALIA

PO Box 84, THORN LIE WA 6988

Meeting: 6.00 pm for 6.30 pm Tuesday at the Gosnells Golf Club,
Warton Road Thornlie –

Apologies: **Ron Bradborn** (M) 0400210891
by 10.00AM Monday

Pres. Andy Hopper (M) 0409 099 941 (H) 9459 1627

Pres Elect. Ron Bradborn (M) 0400210891 (H) 9459 3813

Secretary. Doug Parker (W) 9486 2122 (M) 0419909179

2007 – 2008

20th May 2008

<http://www.thornlie-rotary.com>

Next Week		Week After
<p>27th May 08</p> <p>Attendance Lloyd Dungey Ross Evans</p> <p>Property and Fellowship Ted Evans Phil Hinwood</p> <p>Chairman Craig Jennings</p> <p>REPORTS Social & Fund Raising</p> <p>Bring-N-Buy 25th May Chris & Colin Ralph Phil & Kaye Hinwood Bevan Baskerville</p> <p>Bulletin Editor <i>John Stockbridge</i></p>	<p>Sgt Colin introduced all our guests from the Inner Wheel and we also welcomed our partners.</p> <p>Pres Andy announced that the Changeover night will be on the 21st June and the venue will be at the Gosnells Golf Club. It should be a great night.</p> <p>We wished Phil and Kaye Hinwood well on their forthcoming trip. No doubt Phil has arranged for Kaye to travel in the manner to which she has become accustomed.</p> <p>Pres Andy announced that the Rotary Club has been invited to a Volunteers sundowner function on June 5th by Gosnells Council. Andy then announced some complicated registration process which no-one understood.</p> <p>Phil Hinwood stood up to try and explain why Kaye was travelling cattle class over east and he was going business class. I can assure all readers that the explanation was rubbish.</p> <p>Lloyd Dungey reminded all members that the trip to the Da Vinci exhibition is on for this Sunday. Don't forget that we are going from South Perth Jetty at 2.30PM and then to the exhibition and afterwards to the Happy Valley restaurant in South Perth.</p> <p>The editor noticed that Vin Rogers was dressed to the nines. He must have been out to impress the girl he was with.</p>	<p>3rd June 08</p> <p>Attendance Frank Keays Bernie O'Dea</p> <p>Property and Fellowship Vic Rich Colin Ralph</p> <p>Chairman Craig Jennings</p> <p>REPORTS Committee meetings</p> <p>Bring-N-Buy 1st June 08 Wayne & Chris Brouwer Bernie O'Dea Ross & Margaret Evans</p> <p>Bulletin Editor <i>John Stockbridge</i></p>
<p>Next weeks meeting program</p>	<p style="text-align: center;">Bob Brimson – view from an Australia compound in Baghdad</p>	

Pres Andy introduced Sgt Colin and Corporal Ray:

- Colin had a crisis with a 4 drawer wardrobe due to an accumulation of photographs. and fined anyone who hadn't put on weight since 1981.
- Kay Hinwood was fined for her new caravan.
- Yvonne Bradock has been roughing it in a five star tent.
- Rosemary has a new grand-daughter
- A general fine on the unemployed – particularly Barbara Jamieson
- Ray Smith just missed property tonight
- Lorraine Wiltshire and Ann Watts bought their partners new fridges
- Lois Smith is the new Ranger in charge of dogs at Bring n Buy
- Vin Rogers for his magnificent dress sense – non flashing
- Ann for telling her daughter she looked hot.
- The chook was awarded to someone akin to mulesing – that would be Phil Hinwood. Kaye was delighted to have the chook back.

Readers would be aware of PP Colin's constant battle with weight. Well I am pleased to say that he has embarked on a new weight loss regimen which is geared around Bicycle riding. As you can see from the photo below, Colin was advised to take it easy at first and to properly pace himself.

So he figured that for the first few days – going to the end of the driveway and back would be far enough. Well done Colin – you are an inspiration to us all 😊



The Rotary Club of Thornlie has decided to add to its meagre income by allowing members to advertise. Here is the first one:

**Ladies: Want to be treated like a real woman?? Do you like to travel??
I can show you how to enjoy the cheaper class of travel, relaxing in the
knowledge that your man is being well looked after.**

Contact Phil on 1800 ITRAVELFIRST

Last Tuesday we also awarded Brian Vale from the Gosnells Club a Pride of Workmanship Award for his work as a vet in our local community. Brian was pleased and delighted and as humble in his acceptance as Brian could be.

The good looking one in this photo is the editor.



Ron Bradock then introduced our guest speaker, Sonya Schultz who is with Breast Screen WA (BSWA) talked to the club about Breast Cancer.

Breast Screen WA likes to actively recruit women in the age group of 50 – 69. Only women over the age of 40 can access the Breast Screen WA services.

Women who have a significant history of Breast Cancer in their family should be screened every 12 months in any one of the 8 metropolitan clinics or one of the 4 mobile services. BSWA only uses accredited female radiographers. BSWA screens over 85,000 women each year.

Every mammogram is “blind read” by two radiologists. If they don’t come up with the same diagnosis, then a third opinion is sought.

The BSWA service is one of the largest geographical breast cancer screening services in the world. One of the mobile clinics even goes out to Laverton and transports the women from remote settlements in to be screened.

Breast cancer is the most common cancer amongst Australian women, men can get breast cancer but it is only a 5% possibility. One in eight women can contract breast cancer.

A lady in her 50’s has a 1 in 21 chance of getting breast cancer, increasing to 1 in 12 in her 60’s.

Breast cancer is a group of abnormal cells in the breast which continue to multiply. This can result in a lump in the breast. The main risks are:

- Being a woman
- Increasing age
- Previous diagnosis of breast cancer in family (both parents families)
- Previous diagnosis of ovarian cancer
- Obesity in adulthood

- Heavy alcohol consumption
- Early onset of periods
- Late menopause (after 55)
- Never having had children
- Not breastfeeding
- Hormone replacement therapy.

Mammograms provide both Screening and Diagnostic processes. The diagnostic process is mainly for women showing symptoms of breast cancer.

Sonya showed the club some slides taken by mammogram of cancerous tumours shown in mammograms. Out of 1000 women, 950 will receive an all clear letter, 50 will receive a letter for further tests and out of those 6 will have breast cancer.

All women are advised to continue to check their breasts monthly, even after a mammogram.

Sonya strongly advised all women to take control of their health and be "Breast Aware" and to see your GP promptly if you notice any changes in your breast.

Early detection is the best prevention.

For more information go to

www.breastscreen.health.wa.gov.au

Pres Andy thanked Sonya on behalf of the club, its guests and partners for her interesting and topical presentation.

The meeting closed at 8:30 pm.